

2025 Med City Marathon Course Map

course presented by **TerraLoco**[®]
Endless Possibilities

MAP KEY



WATER STOPS
APPROX. EVERY 2 MILES
ALL HAVE MEDICAL
AND RESTROOMS



BANANAS!



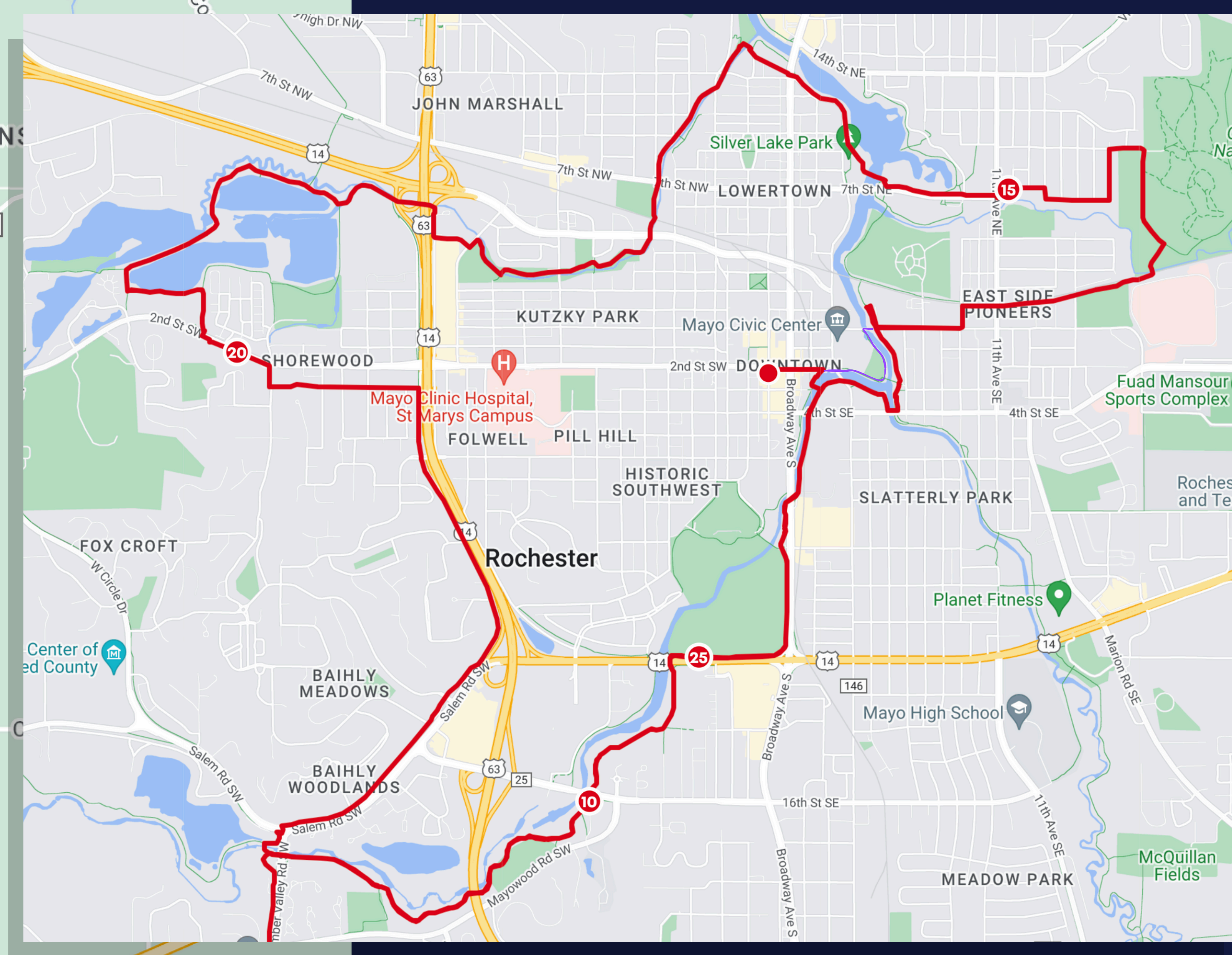
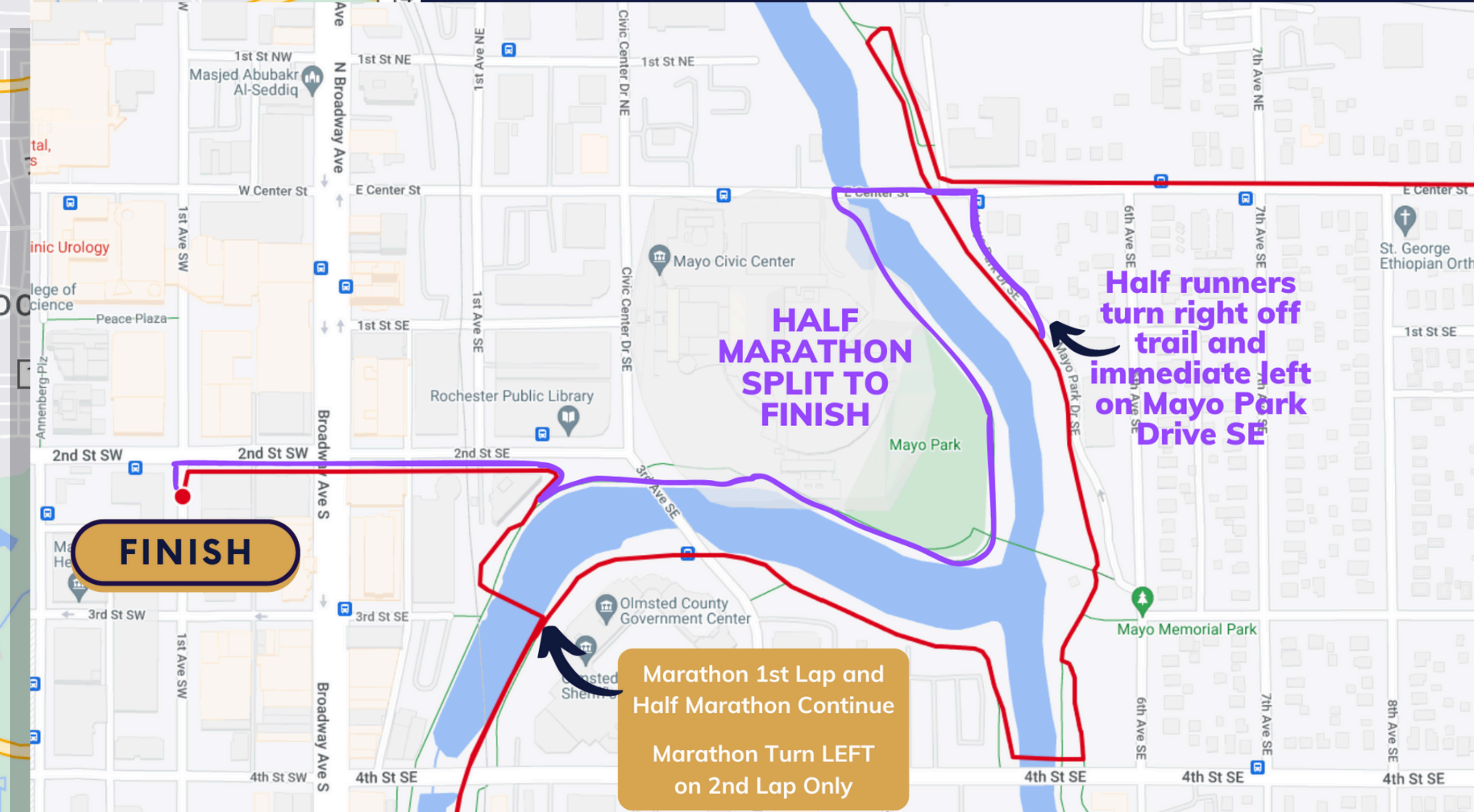
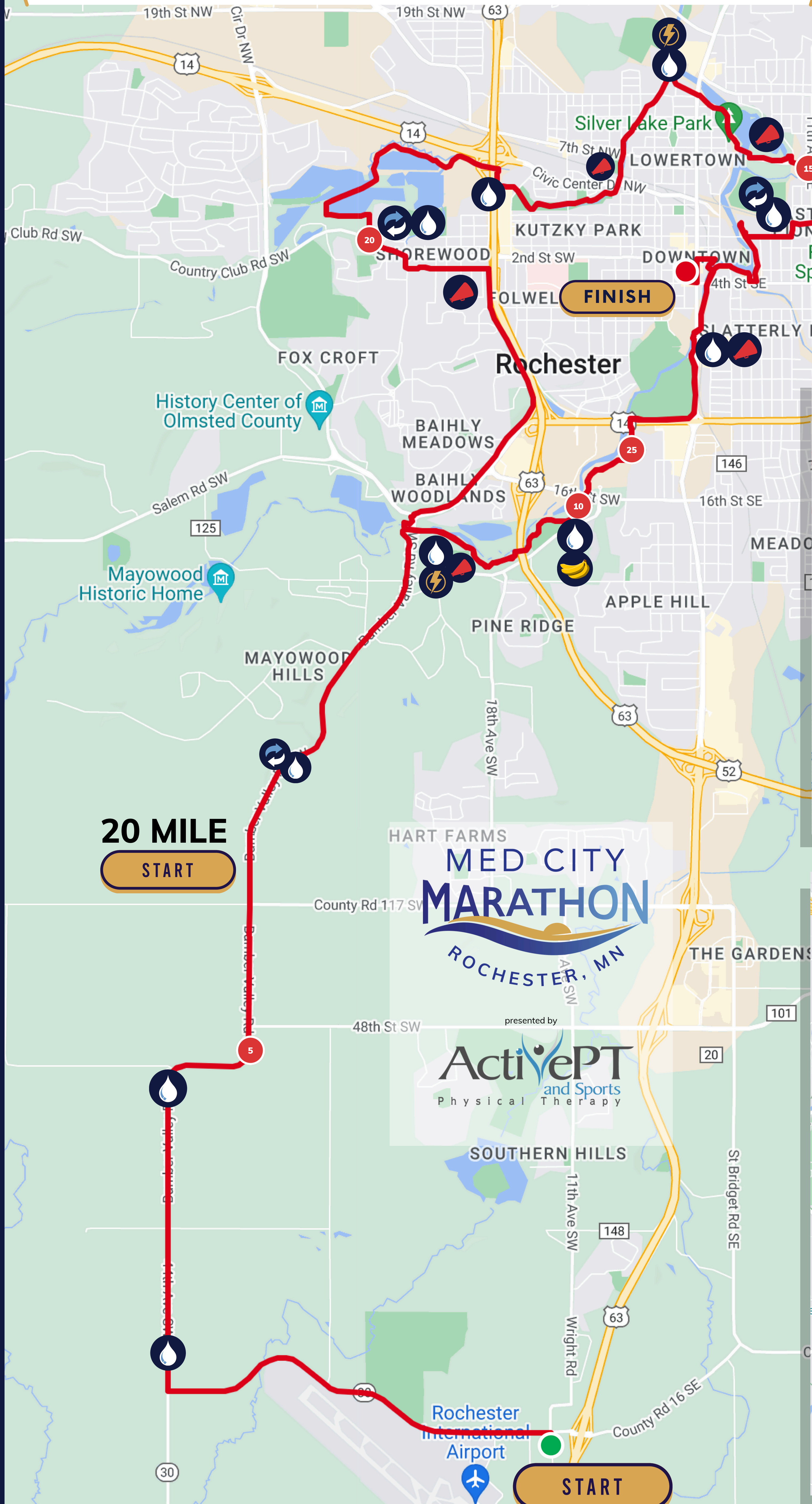
CHEER ZONES
FULL DETAILS AND
LOCATIONS
FOUND ON MED
CITY MARATHON
WEBSITE AND APP



GEL STOPS



**RELAY EXCHANGE
ZONES**



**20 MILE
START**

**MED CITY
MARATHON**
ROCHESTER, MN

presented by
ActivePT
and Sports
Physical Therapy

START